

## OCTOBER 1, 2023

## CITY OF HANOVER NEWSLETTER

## CITY OF HANOVER PICNIC TABLES

IF YOU WOULD LIKE TO USE THE PICNIC TABLES AT THE
CITY OF HANOVER COMMUNITY BUILDING OR EITHER OF
THE CITY OF HANOVER PARKS, PLEASE CONTACT KATLIN
BRUNA AT THE CITY OFFICE, 785.337.2261, TO MAKE SURE
THEY ARE AVAILABLE TO USE & SO THAT THE CITY KNOWS
WHERE THEY ARE & WHO HAS THEM!
IF YOU HAPPEN TO HAVE ANY OF THE PICNIC TABLES FROM
CITY OF HANOVER COMMUNITY BUILDING OR EITHER OF THE
PARKS, PLEASE LET KATLIN AT THE CITY OFFICE KNOW OR



#### **MAYOR**

JARED M SEDLACEK
PRESIDENT OF COUNCIL

KIM LOHSE

#### **COUNCIL MEMBERS**

**SCOTT JUENEMAN** 

DON SPENCER

NICK GARBER

**COBY SEDLACEK** 

**CITY CLERK** 

KATLIN BRUNA

#### WATER COMMISSIONER

SCOTT WIEDEN

**FIRE CHIEF** 

SHAWN MINGE

#### **CITY OFFICE HOURS**

MONDAY-FRIDAY

8AM-4PM

#### **CITY OFFICE NUMBER**

785.337.2261

#### SHOP OFFICE NUMBER

785.337.2591

#### **CITY POOL NUMBER**

785.337.6031

#### **Hanover Public Library**

785.337.2424

Tuesday: 12pm-5pm

Wednesday: 8am-1pm

Thursday: 12pm-5pm

## IMPORTANT NOTICES

## MONDAY TRASH SERVICE REMINDERS

## JONES TRASH SERVICE



**HOW MANY TRASH** CANS ARE YOU

ALLOWED TO HAVE PER HOUSEHOLD?

> TRASH CANS THAT ARE 30+ GALLONS??

CARDBOARD FILLS THE TRUCKS UP FAST!! IF POSSIBLE, WE PLEASE ASK THAT YOU UTILIZE THE COUNTY RECYCLING TRAILER IN HANOVER FOR YOUR CARDBOARD RATHER THAN PUTTING IT OUT ON MONDAYS FOR PICK UP.

> **ARE HEAVY** BARRELS ALLOWED TO BE **USED AS TRASH** CANS?

> > NO, THEY ARE TOO HEAVY **EMPLOYEES** TO LIFT!

PLEASE BAG ALL YOUR TRASH!! WITH ONLY ONE EMPLOYEE ON EACH TRUCK.

DO YOU HAVE

THE 30+ GALLON CANS ARE TOO HEAVY FOR THE EMPLOYEE TO LIFT INTO THE BACK OF THE TRUCK BY THEMSELVES WHEN THE TRASH IS NOT BAGGED! IF IT IS BAGGED THEY ARE ABLE TO TAKE BAGS OUT TO LIGHTEN THE CAN BEFORE LIFTING IT TO DUMP THE REMAINING BAGS IN!



# HARVEST TIME IS IN FULL SWING



## OCTOBER ALREADY?

## THAT MEANS FALL WEATHER, PUMPKIN PATCHES, & HARVEST TIME!!

HARVEST TIME IS HERE AND FARMERS ARE ON THE MOVE!!

MOVING FROM FIELD TO FIELD & HEADING INTO TOWN
WITH SEMI LOADS OF CORN & BEANS TO BRING TO THE COOP.

DURING THIS HARVEST SEASON PLEASE
REMEMBER THESE FEW THINGS TO KEEP EVERYONE SAFE....

### CITIZENS

\*PLEASE BE PATIENT WHEN MEETING FARMERS MOVING FROM FIELD TO FIELD. THEY WILL GET OVER WHEN POSSIBLE SO YOU CAN GET AROUND THEM SAFELY.

\*PLEASE REMEMBER (AND REMIND YOUR CHILD(REN) TO LOOK BOTH WAYS WHEN CROSSING THE STREET WHILE WALKING & RIDING BIKES.

## **FARMERS**

\*PLEASE <u>SLOW DOWN</u>
WHEN COMING INTO TOWN
HEADED TO THE COOP
ON ALL STREETS!!

## **EVERYONE**

\*WITH FARMERS BRINGING IN LOADS OF GRAIN, THAT MEANS THERE ARE MORE TRAINS DURING THIS TIME OF YEAR!
PLEASE BE PATIENT WHEN THE TRAIN IS CROSSING THE TRACKS!!

--FARMERS WILL HAVE TO USE THE SIDE STREETS TO GET TO THE COOP & IF POSSIBLE PLEASE ALLOW THEM THE ROOM THEY NEED TO MAKE THE WIDE TURNS NEEDED GET THROUGH.

--FARMERS, AGAIN, PLEASE SLOW DOWN ON THESE SIDE STREETS & TURNS TO ALLOW CITIZENS TO MOVE OR GO BY SO YOU CAN MAKE THOSE NEEDED TURNS TO GET TO THE COOP & BACK TO THE FIELD!

## HAVING A SUCCESSFUL & SAFE HARVEST SEASON IS EVERYONE'S GOAL!!



## WHAT'S HAPPENING AT HANOVER HIGH SCHOOL?



## WE NEED YOUR HELP!

WE ARE ASKING YOU AS COMMUNITY MEMBERS
TO HELP US HELP YOU.

ALL YOU NEED TO DO IS WRITE DOWN
ONE OR TWO OF YOUR FAVORITE
RECIPES. PLEASE INCLUDE YOUR NAME

WHEN: STARTING OCTOBER 1ST AND ENDING

DROP OFF: THERE WILL BE A MARKED BOX AT THE CITIZENS STATE BANK, WILDCAT AND MAIN STREET MARKET OR WE WILL BE ASKING FOR THEM WHEN WE DO OUR ANNUAL TRICK OR TREAT FOR CANNED GOODS



## DRESS UP YOUR GHOULS AND GOBLINS

## FOR A TREAT!! SPONSORED BY HHS FBLA

Friday, October 20th 6:45 pm - 7:15 pm HHS Football Field



FBLA Community Service Project

## BAKE SALE

WHEN: FRI, OCT 6TH

WHERE: AT THE HHS VS AXTELL

FOOTBALL GAME

ONOR OF THOSE WHO HAVE BATTLED O

IN HONOR OF THOSE WHO HAVE BATTLED OR ARE
CURRENTLY BATTLING CANCER, ALL DONATIONS WILL BE
DONATED TO THE AMERICAN CANCER SOCIETY

## **UPCOMING EVENTS IN HANOVER KS**;



It's spooky season! Let us welcome the first trunk or treat-come park your car along our street! Decorate your trunks for all to see, our proceeds will go towards the ISB! Our local stores will be here to greet, while you play a trick to get your treat! Come one, come all, costumes, cider, hooray! ITS FALL!

Who: Hanover Hospital and Long Term Care
What: Trunk or Treat
Where: East Side of the Hospital
When: Saturday October 21st from 3-5pm
Why: To support our Long Term Care Residents
and have fun together as a community!



HANOVER AMERICAN LEGION NOVEMBER 11, 2023



MORE DETAILS TO COME

## NEWS FROM THE HANOVER HOSPITAL



## Quick Vaccine Update By Aubrie Schaefer, MSN, APRN, FNP-C

It's time to start thinking about your annual flu vaccine! We're starting our vaccination administrations at the clinic on October 9<sup>th</sup>. You can either walk in or call ahead and let us know you're coming. Please note, you don't need to be a regular patient of ours to receive a vaccine at our clinic.

Here's a quick update on flu vaccines and a few other vaccines that our patients regularly ask about:

#### Flu Vaccine

Recommended annually for all people ages 6 months and older. If you're over 65 you will be offered a "high dose" vaccine. Our clinic will carry both strengths again this year. We will often hear people say, "I don't usually get the flu, so I don't need the shot." This may be true, but every year is different, and studies have shown that if you can prevent yourself from catching influenza then you are preventing yourself from spreading influenza.

### **Covid Vaccine**

They've updated the Covid-19 vaccine again to try to cover for the new variants (similar to how they update the annual flu shots). If you've not had a Covid-19 vaccine after September 12<sup>th</sup> of this year you may be eligible for an update. Our clinic will not be carrying it, so please contact the health department if you are interested in this vaccine.

### Pneumonia Vaccine

There are updated guidelines and an updated vaccine being offered here too. Pneumonia vaccines are part of the childhood vaccine schedule but are also recommended for those over age 65. Some patients under age 65 that have certain illnesses such as asthma, diabetes, and other immunodeficiencies are also good candidates. Every patient's situation is different, so talk to your provider to see what is offered for you. Our clinic does carry the updated pneumonia vaccines.

### **Shingles Vaccine**

This vaccine is recommended for those ages 50 and over. This is a 2-dose series that is now covered by Medicare and some insurances! Even if you've had a shingles shot years ago, you're still considered a good candidate for the new and improved vaccine. We can help you obtain this here at the clinic, or you can contact the health department.

### **RSV Vaccine**

The CDC recommends that patients aged 60 and over be vaccinated with a one-time RSV vaccine. Our clinic will not be carrying these vaccines yet, but if interest is high, we may consider this in the future. For now, if you're interested in an RSV vaccine, please contact the health department.

Again, every patient's situation is different, so visiting with your healthcare provider is the best way to be sure that you're up to date and protected from contracting and spreading illness. Contact information is listed below—please don't hesitate to call!

#### **Contact information:**

Hanover Hospital/Warren Clinic: 785-337-2214 Marshall County Health Department: 785-562-3485 Washington County Health Department: 785-325-2600



## We Scream for Ice Cream!

We hope you were lucky enough to enjoy some ice cream in the beautiful outdoors like us! Could we pick a favorite? Absolutely not! They were all good. It was a wonderful afternoon spent outside with our friends and community, while we enjoyed The Parlor's ice cream. Thank you to everyone who came out to support her mobile ice cream truck, and also sharing your smiles with us! We had a great time!





We are excited to host our first Trunk or Treat on Saturday October 21st! Come 3-5pm! Everyone is welcome! Bring your decorated trunk! The ISB residents will have a cider/hot chocolate stand. Come see our goodies while your kiddos trick or treat! Free will donations are accepted for the hot chocolate and cider. All proceeds go towards the Activities Fund. The Hospital as well as local businesses will have trunks open with candy! Anyone is welcome to join and pass out candy! We are looking forward to fun family time with our community!

Dont forget our sewing projects are available to the public! Free will donations accepted! Items available are bags for walkers, blankets, coasters, oven mits, hats and more! Some items are on display in the hospital lobby, if you have questions ask the ward clerk -or email me at amschaefer@hanoverhospitalks.com

## A Note from our Nurses....you don't want to miss this!

As we enter cold and flu season, there are always questions about who should get the flu shot? How does the flu shot help? Are there are any other shots I need? How can I stay healthy this cold and flu season?

I am here to provide you with some answers...

Flu Season peaks from December-February.

#### Flu Vaccine

Everyone age 6 months and older is recommended to get the flu vaccine, it can be especially important to those who are pregnant or have chronic health conditions. If you are 65 years or older, The Fluzone High dose inactivated, Flublok quadrivalent recombinant, or the Fluad quadrivalent adjuvanted inactivated flu vaccine are preferentially recommended. It takes about 2 weeks after vaccinations for antibodies that protect against flu to develop in the body. While you may still develop the flu, the vaccine has been proven to decrease the severity of illness. Flu vaccines available in Clinic 10/09/2023.

#### COVID Vaccine:

Updated COVID-19 vaccines are recommended for everyone 6 months and older. These updated vaccines are to be released early October.

If you live with or are frequently around older adults or immunocompromised people, getting the updated COVID-19 vaccine may help protect them, as well as yourself. The vaccines are covered by insurance, including private insurance, Medicare plans, and Medicaid plans. Uninsured children and uninsured adults also have access through the Vaccine for Children Program and Bridge Access Program, respectively. Hanover Hospital does not currently have any COVID vaccines. Please go to a local health department to receive your COVID vaccination.

#### Pneumococcal vaccine:

CDC recommends routine administration of pneumococcal conjugate vaccine (PCV13 or PCV15) for all children younger than 2 years of age. Give PCV13 or PCV15 to infants as a series of 4 doses, one dose at each of these ages: 2 months, 4 months, 6 months, and 12 through 15 months. CDC recommends routine administration of pneumococcal conjugate vaccine (PCV15 or PCV20) for all adults 65 years or older who have never received any pneumococcal conjugate vaccine or whose previous vaccination history is unknown: If PCV15 is used, this should be followed by a dose of PPSV23 one year later. The minimum interval is 8 weeks and can be considered in adults with an immunocompromising condition, cochlear implant, or cerebrospinal fluid leak. If PCV20 is used, a dose of PPSV23 is NOT indicated.

Tips to stay healthy this cold and flu season:

- 1-Get a flu shot.
- 2-If you have a fever or flu symptoms, don't go to school or work-
- 3-Stay home for at least 24 hours after your fever is gone, unless you need medical
- 4-Cover your mouth and nose with a tissue, not your hands, when coughing or sneezing.
- 5-Wash your hands frequently with soap and water.
- 6-Avoid touching your eyes, nose and mouth.
- 7-Clean and disinfect frequently touched surfaces at home, work and school.
- \*\*\*\*\*Practice healthy habits: Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids and eat nutritious food.\*\*\*\*

Feeling generous?!
Our activities department can always use the following items... prepackaged items for our snack cart (they love chocolate!) disposable table cloths, cups, paper plates, seasonal decor, holiday themed bingo, travel sized room sprays, hairspray, nail polish, cozy socks, mini sodas, word searches! thank you as always for your donations and support to our residents!

#### **Fun Fall Facts**

Falling back for daylight savings leads to fewer heart attacks.

An apple a day really can keep the Dr. away! They have health benefits such as lowering risk for diabetes, and helps your heart and brain health.

Americans buy enough candy during Halloween to fill the the Titanic 6 times!

Fall is the perfect time to take up knitting! It improves your mental well being and is reported to help you relax!

The moon is brighter in the months of September and October, which is why they called it the "Harvest Moon". It would help the farmers during harvest see at night time!

DONT FORGET SEASONS ARE CHANGING! CLOSET CLEANOUTS ARE UPON US! PLEASE COME AND PROVIDE THE NECESSARY ITEMS/CLOTHING FOR THE COOLER MONTHS AHEAD OF US AND MAKE ROOM BY REMOVING THE SUMMER ITEMS AS WELL!! THANK YOU!



## 311 W NORTH ST. HANOVER KS

CALL: 785.337.2961

OPEN MONDAY-SATURDAY 4pm-12am

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED	2 GUGS SURPRISE SPECIAL	ONION BURGER	WING NIGHT \$1/WING	5 CHICKEN ALFREDO	GRILLED SAUSAGE	PORK CHOP SPECIAL
<sup>8</sup> CLOSED	9 \$2 OFF ANY Specialty Pizza	10 PHILLY	VING NIGHT \$1/VING	BRATS & BURGER SPECIALS	STEAK FINGERS	STEAK SPECIAL
CLOSED	16 1/2 PRICE SINGLE TOPPING PIZZA	AUSHROOM SWISS Burger	18 WING NIGHT \$1/WING	HAMBURGER Steak	PORK FINGERS	BRISKET SPECIAL
<sup>22</sup> CLOSED	<sup>23</sup> Brisket Pizza BBQ Pork or Chicken Pizza	PATTY MELT	25 VING NIGHT \$1/VING	RED SAUCE Pasta	27 CHICKEN FINGERS	28 RIBS SPECIAL
CLOSED	30 CHICKEN JALAPENO POPPER PIZZA	DO MONSTER FRIES	ADI	DETITED N	TUE MON	TU.

FRIES

POPPER PIZZA

APPETIZER OF THE MONTH: CAKE FUNNEL FRIES

## October 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	JHVB INVITATIONAL @ HANOVER	3 HSVB vs. CENTRALIA/ FRANKFORT	4	JH FB/VB @ CLIFTON-CLYDE	6 HSFB vs. AXTELL	7 HSCC @ RILEY CO.
8	9HSVB JV QUAD @ VALLEY HEIGHTS HSFB JV vs. CLIFTON-CLYDE	10 HSVB JV vs. ONAGA/WETMORE	COUNCIL MEETING @ 6pm	12 JH FB/VB @ BLUE VALLEY/LUCKEY HSCC TVL @ AXTELL CITY OFFICE CLOSED	HSFB @ LINN school dismissal @ 11:30	14 HSVB TVL @ WASHINGTON
15	16 JHVB BVL @ LUCKEY HSFB JV @ AXTELL	17	18	19 JHFB vs. AXTELL SCHOOL DISMISSAL 12pm PARENT/TEACHER CONFERENCES 12:30-8pm	20 HSFB vs. FRANKFORT SENIOR NIGHT NO SCHOOL	21 HSCC REGIONALS  HANOVER HOSPITAL  TRUNK OR TREAT  3-5pm
22	FBLA DAD'S NIGHT 7pm	24	25 CITY OFFICE CLOSED	26 HSFB PLAYOFFS CITY OFFICE CLOSED	27 CITY OFFICE CLOSED	28
29	30 FBLA TRICK OR TREAT FOR CANNED GOODS 7pm	*Ha	app	Nee Nee	h	

## November 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	<sup>6</sup> JHBB vs. VALLEY HEIGHTS	7	COUNCIL MEETING @ 6pm	9 JHBB @ CLIFTON-CLYDE	CITY OFFICE CLOSED	VETERANS DAY SOUTH STATE OF THE
12	13	14 JHVB BB vs. CENTRALIA	15	16	17	18
19	JHBB @ WASHINGTON	21	NO SCHOOL:	CITY OFFICE CLOSED THANKSGIV	CITY OFFICE CLOSED	25
26	JHBB @ LINN	28	29	JHBB @ VALLEY HEIGHTS		

# IS THERE ANYTHING YOU WOULD LIKE TO SEE ADDED TO THE NEWSLETTER EACH MONTH?

OR SOMETHING ELSE YOU WOULD LIKE THE CITY OF HANOVER TO KEEP YOU UPDATED ON?

CONTACT KATLIN BRUNA AT THE CITY OFFICE, 785.337.2261, AND LET HER KNOW!! SHE'S ALWAYS LOOKING FOR NEW THINGS TO ADD TO THE NEWSLETTER!